

## **Magic Hands : Calm Minds Safeguarding Policy**

1. This policy sets out my approach to safeguarding and promoting the welfare of children and vulnerable adults. It applies to all aspects of my work and to anyone working for me in the provision of services to clients, including permanent and temporary employees and self-employed workers.

2. This policy is underpinned by 3 core principles which mean that everything I do should be in the interests of my clients, current, past and future:

- Clients first
- Independence
- accountability and transparency.

3. This policy uses definitions of the term 'safeguarding' from statutory guidance:

Safeguarding children is defined in Working Together to Safeguard Children as:

- protecting children from maltreatment
- preventing impairment of children's health or development
- ensuring that children are growing up in circumstances consistent with the provision of safe and effective care
- taking action to enable all children to have the best outcomes.

Safeguarding vulnerable adults is defined in the Care and Support statutory guidance issued under the Care Act 2014 as:

- protecting the rights of adults to live in safety, free from abuse and neglect
- people and organisations working together to prevent and stop both the risks and experience of abuse or neglect
- people and organisations making sure that the adult's wellbeing is promoted including, where appropriate, taking fully into account their views, wishes, feelings and beliefs in deciding on any action
- recognising that adults sometimes have complex interpersonal relationships and may be ambivalent, unclear or unrealistic about their personal circumstances and therefore potential risks to their safety or well-being.

4. I have undergone an enhanced Disclosure and Barring Service (DBS) check. Clients may ask to see the certificate produced as a result of this check at any time.

5. I will maintain a proper focus on the safety and welfare of children and vulnerable adults at all times.

6. I do not work with children or vulnerable adults unsupervised. Children over the age of 14 may be treated with Bowen therapy without being accompanied by a parent, guardian or carer but only with the prior permission of a parent or authorised carer.

7. If I have any concerns about a child I have seen I will refer them to the children's social care department of the local authority where the child lives. Similarly, concerns about vulnerable adults will be referred to local authority adult services.